



OFFICE FOR THE AGING

Steven M. Neuhaus
County Executive

AnnMarie Maglione
Director

September 7, 2023

Dear Friends,

Did you know that one in three caregivers provide 20 or more hours per week of care to an older adult? Overall, caregivers provide countless support and assistance to a loved one. The responsibilities of a caregiver vary from transportation, supervision, cooking, personal care and assistance with finances or a combination of these. According to the Center for Disease Control and Prevention (CDC), by 2030 it is estimated that 20% of middle aged and older adults, currently not caregivers, will provide care to a loved one. The need for informal caregivers increases every year, making unpaid family caregivers the backbone of long-term care for older adults aging in place.

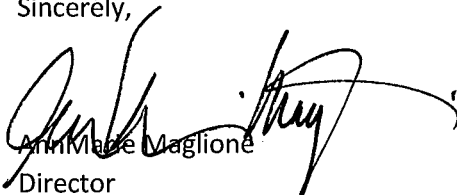
To assist you as a caregiver, we will be holding our annual Caregiver Symposium. Office For the Aging Caregiver Program provides our caregivers with education, resources, and peer support groups. The **Caregiver Symposium** will take place this year on **Friday, November 3rd, 2023, from 9 a.m. until 3 p.m., at the beautiful Newburgh Armory Activity Center**. Please save the date as it would be an honor to have you attend this important event.

New to the Caregiver Symposium will be a breakout session. The breakout session will focus on providing you the tools you need to make informed choices on a variety of issues caregivers face. You will have the opportunity to choose a topic that best suits you and your loved one. Additionally, we plan to provide respite staff for you care receivers, allowing you time to enjoy this event.

Enclosed is the registration form. Please indicate whether you will need respite services for the day. Please note respite consists of companionship, supervision, and non-medical care. Please return forms to our office as soon as possible, so we may plan accordingly and have the respite needed for caregivers to freely participate in the day's events.

If you have any questions, please feel free to contact Hidalith Rincon, Caregiver Coordinator at 845-615-3733 or email at hrincon@orangecountygov.com.

Sincerely,



AnnMarie Maglione
Director
AMM:hr